



The **Early Morning Centre** provides support and assistance to those experiencing homelessness or impacted by insecure accommodation.

Our services include:

- Breakfast each week day morning from 7.30am to 8.30am
- Drop in centre from 9.00am to 11.30am
- Assistance to identify and access other community services
- Free internet access
- Free PO box address for personal mail
- Shower and laundry facilities
- Special assistance and training programs



Every donation helps to support this important work.

- \$10 provides newspapers for a week
- \$20 provides coffee for 40 people
- \$50 provides internet access for a month
- \$100 provides breakfast for 40 people
- \$100 provides fresh towels for use in the showers for a month
- \$250 pays for the cleaning of the centre for a week
- \$500 provides breakfast for 40 people for one week
- \$1,000 pays for cleaning of the centre for a month
- \$5,000 provides breakfast for 40 people one day a week for a whole year.

If you would like to make a donation or receive other information please contact us:
69 Northbourne Avenue, Canberra ACT 2600, GPO Box 1526 Canberra ACT 2601
Phone: 6247 5041 Email: emc@canberracityuca.org.au Web: canberracityuca.org.au
Facebook: Early Morning Centre (UnitingCare Canberra City)